

QUEEN'S COURT

B A S K E T B A L L

RULES

- Games will start at 7pm and 8pm.
- Players will have access to the gym 5-10 mins before tip off to warm up.
- Games will follow two 25 minute run time halves.
- 1 minute between halves.
- Game starts with a jump ball, alternating possession for the remainder of the game.
- 8 seconds to bring the ball over half court.
- No overtime in regular season.
- 5 min runtime overtime in playoffs.
- Player fouls out on 5 individual fouls.
- Team enters bonus if the opposite team has 7 team fouls within a half. 8th team foul (shooting or non shooting) will result in 1 and 1 bonus. 10+ team fouls in a half results in 2 free throws.
- No Jewelry allowed (this includes watches, barrettes, earrings, etc)
- Shoes must have rubber soles.
- Technical Foul: a physical foul made with no attempt at the ball or any unsportsmanlike behavior results in a free throw and possession of the ball at center court.
- There are no timeouts.